

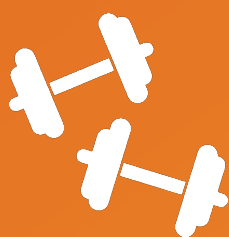


**PHASE
2.5**

LAKELAND FAMILY YMCA



All pools are now open. Online Reservation system will continue to be used. **Shower use and locker use are now available.**



Coach Connect & Livestrong at the Y have now resumed. **Additional Group Ex classes coming soon!**



ADULT SPORTS GUIDELINES:

Racquetball: singles and doubles can now be played. Phone reservation required.



Basketball:

- “Shoot-around” only, no games.
 - Online reservations are required.
 - Members must bring their own basketball.
 - Location: Lakeland Family outdoor pavilion
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Child Watch ages have expanded:
Children ages 6wks-12yr are welcome