



BIG POOL SCHEDULE

BOB ADAMS FAMILY COMMUNITY YMCA

updated on 9.15.26



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 – 8:00AM FULL AVAILABILITY Lanes 1-6 & Diving Well 7:55 – 10:00 AM LAP SWIM Lanes 1-3/4 & Diving Well 12:00 – 2:00PM FULL AVAILABILITY Lanes 2-4 & Diving Well 2:00 – 5:00PM FULL AVAILABILITY Lanes 4-5, Lanes 6 & Diving Well 5:00– 5:30 PM LIMITED AVAILABILITY Lanes 1-4/5 Shallow End (0-6) 5:30 – 6:30 PM LIMITED AVAILABILITY Lanes 3-4/5 Shallow End (6) 6:30–7:30 PM LIMITED AVAILABILITY Lanes 3-4/5 Shallow End (6) 7:30 – 8:30 PM FULL AVAILABILITY Lanes 1-6 & Diving Well	5:00 – 8:00AM FULL AVAILABILITY Lanes 1-6 & Diving Well 9:00 – 3:00PM FULL AVAILABILITY Lanes 1-6 & Diving Well 3:00–4:00 PM LAP SWIM Lanes 3-5 & Diving Well Shallow End (6) 4:00– 4:30 PM FULL AVAILABILITY Lanes 1-6 & Diving Well 4:30 – 5:30 PM FULL AVAILABILITY Lanes 1-5 Shallow End (5-6) 5:30 – 6:30 PM LAP SWIM Lanes 3-5 Shallow End (6) 6:30 – 8:30 PM LAP SWIM Lanes 3-5 Shallow End (6)	5:00 – 8:00 AM FULL AVAILABILITY Lanes 1-6 & Diving Well 7:55 – 10:00 AM LAP SWIM Lanes 1-3/4 & Diving Well 10:00 – 3:00 PM FULL AVAILABILITY Lanes 3-4 3:00 – 4:00 PM FULL AVAILABILITY Lanes 3-5, Lanes 6 & Diving Well 4:00 – 5:30 PM FULL AVAILABILITY 5:30 – 7:30 PM LIMITED AVAILABILITY Lanes 3-6 & Diving Well 7:30 – 8:30 PM FULL AVAILABILITY Lanes 1-6 & Diving Well	5:00 – 8:00AM FULL AVAILABILITY Lanes 1-6 & Diving Well 9:00 – 2:00PM FULL AVAILABILITY Lanes 4-6 & Diving Well 2:00 – 5:00 PM LIMITED AVAILABILITY Lanes 4-6 & Diving Well 4:30–6:30PM LAP SWIM Lanes 3-5 Shallow End (6) 6:30–8:30PM LAP SWIM Lanes 3-6 & Diving Well	5:00 – 8:00AM FULL AVAILABILITY Lanes 1-6 & Diving Well 7:55 – 10:00 AM LAP SWIM Lanes 1-3/4 & Diving Well 10:00– 2:00 PM FULL AVAILABILITY 2:00– 5:00PM LIMITED AVAILABILITY Lanes 4-6 & Diving Well 5:00– 5:30 PM FULL AVAILABILITY 5:30 – 7:30 PM LAP SWIM Lanes 3-6 & Diving Well 7:30 – 8:30 PM FULL AVAILABILITY Lanes 1-6 & Diving Well	7:00 – 8:00 AM FULL AVAILABILITY Lanes 1-6 & Diving Well 8:00– 12:30PM LIMITED AVAILABILITY Lanes 4-6 & Diving Well 12:00 – 5:30 PM FULL AVAILABILITY Lanes 1-6 & Diving Well	10:00 AM – 5:30 PM FULL AVAILABILITY Lanes 1-6 & Diving Well

SCHEDULE KEY

- **FULL AVAILABILITY**– All Lanes & Diving Well are available
- **GREAT FOR LAP SWIM** – Good Lap Swim availability
- **LIMITED AVAILABILITY**– Limited lanes or areas available

*Schedule may vary slightly due to programs, staffing, safety needs, or pool conditions. Lifeguards and YMCA staff have final discretion over lane assignments and pool availability.