



# LAKELAND FAMILY YMCA COURT SCHEDULE

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Court 1	Open Court 5am-6am	Open Court 5am-11am	Open Court 5am-6am	Open Court 5am-11am	Open Court 5am-6am	Open Court 7am-8am	Open Court 12pm-6pm
	Adult Pick-Up Basketball 6am-8am	Silver Sneakers Class 11am-1pm	Adult Pick-Up Basketball 6am-8am	Silver Sneakers Class 11am-1pm	Adult Pick-Up Basketball 6am-8am	Youth Basketball 8am-2pm	
	Open Court 8am-12pm	Open Court 1pm-5:45pm	Open Court 8am-12pm	Open Court 1pm-5:45pm	Open Court 8am-12pm		
	Adult Pick-Up Basketball 12pm-2pm		Adult Pick-Up Basketball 12pm-2pm		Adult Pick-Up Basketball 12pm-2pm	Open Court 2pm-6pm	
	Open Court 2pm-5:45pm		Open Court 2pm-5:45pm		Open Court 2pm-5:45pm		
	Youth Basketball 5:45pm-9pm	Youth Basketball 5:45pm-9pm	Youth Basketball 5:45pm-9pm	Youth Basketball 5:45pm-9pm	Youth Basketball 5:45pm-9pm		
Court 2	Open Court 5am-6am	Open Court 5am-11am	Open Court 5am-6am	Open Court 5am-11am	Open Court 5am-6am	Open Court 7am-8am	Open Court 12pm-6pm
	Adult Pick-Up Basketball 6am-8am	Silver Sneakers Class 11am-1pm	Adult Pick-Up Basketball 6am-8am	Silver Sneakers Class 11am-1pm	Adult Pick-Up Basketball 6am-8am	Youth Basketball 8am-12:30pm	
	Open Court 8am-5pm	Open Court 1pm-5pm	Open Court 8am-5pm	Open Court 1pm-5pm	Open Court 8am-5pm		
	Youth Basketball 5pm-9pm	Youth Basketball 5pm-9pm	Youth Basketball 5pm-9pm	Youth Basketball 5pm-9pm	Youth Basketball 5pm-9pm	Open Court 12:30pm-6pm	