



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# WINTER YOUTH BASKETBALL

Whether it's gaining the confidence that comes with learning a new skill or building positive relationship that lead to good character and teamwork, participating in sports at the Y is about building the whole child, from the inside out.

This program is a youth recreational league that allows participants of all levels a chance to play. At the Y, every child plays at least half of every game. This program will emphasize basketball skill development, as well as, good sportsmanship character development, teamwork, and most importantly: FUN!

The Youth Sports program at the YMCA of West Central Florida helps your child improve their technical skills while promoting healthy attitudes and sportsmanship. Our Youth Sports programs also offer environments that are sure to nurture friendships in a fun and stress-reducing atmosphere!

**REGISTRATION:** November 1 – December 25

**SEASON DATES:** January 8 – March 5

## AGE DIVISIONS:

3-4 Coed 5-6 Coed 13-15 Boys

7-8 Coed 11-12 Coed 13-15 Girls\*

\*If there are not enough sign-ups in the girls age groups, there is a possibility of your child being moved onto a co-ed team for their age group.

**REGISTRATION FEE:** Members: \$80 Non-Members: \$100

\*Space is limited, registration is on a first come first served basis.

## LEAGUE DETAILS :

Practices are scheduled Monday-Thursdays between 5:30pm-8:00pm beginning with 6-8 coed teams. 3-5 age divisions will do a practice/play. They have a 20-minute practice then a game directly after the practice on Saturdays. All other age groups will play games on Saturdays. We will not be making up practices for unforeseen events such as natural disasters.

## EQUIPMENT NEEDED:

Athletic shorts and non-scuff shoes. All players will receive a YMCA Youth Sports team shirt.

## LOCATIONS:

LAKELAND FAMILY YMCA  
3620 Cleveland Heights Blvd., Lakeland FL, 33803  
P 863-267-9622



