



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FIND YOUR SHINE FIND YOUR FUN SUMMER CAMP '23

PROGRAM BROCHURE YMCA OF WEST CENTRAL FLORIDA

YMCA OF WEST CENTRAL FLORIDA
863-267-9622
www.ymcawcf.org



3/1/23

FIND YOUR PATH AT THE Y



WELCOME!

The YMCA is one of the nation's largest providers of out-of-school programming, and has a long, rich history of over 100 years in providing top-notch summer camps to parents across the country. We strive to provide kids with a safe environment and a place to continue learning, develop social skills, and have **FUN** for an overall amazing summer camp experience. Our Day Camps provide a safe and enriching environment for campers to participate in healthy, developmentally-appropriate activities and learning experiences. All camps focus on building self-esteem, confidence and social skills while increasing independence and wellness awareness. At the YMCA kids learn that the sky is the limit!

2023 CAMP OPTIONS:

DAY CAMP (MULTIPLE LOCATIONS)

SPORTS CAMPS

DAY GOLF CAMPS (YMCA PAR 3)

AQUATIC CAMPS

FULL & HALF DAY OPTIONS

Please note: Space is limited for all camps.
Payment for one week does not guarantee a
child's spot in camp for the rest of the summer.

CAMP LOCATIONS:

Lakeland Family YMCA

3620 Cleveland Heights Blvd.

- Day Camp, Pre-K Camp
- Aquatics Camp
- Sports Camp

Fontaine Gills Family YMCA

2125 Sleepy Hill Road

- Day Camp
- Wet & Wacky

YMCA Par 3

1740 George Jenkins Blvd.

- Various Golf Camps

Lake Wales Family YMCA

1001 Burns Ave.

- Day Camp, Pre-K Camp
- Wet & Wacky

WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6	WEEK 7	WEEK 8	WEEK 9
6/5 - 6/9	6/12 - 6/16	6/19 - 6/23	6/26 - 6/30	7/3 - 7/7* *No camp 7/4	7/10 - 7/14	7/17 - 7/21	7/24 - 7/28	7/31 - 8/4

DAY CAMPS

SUMMER DAY CAMP

Themed weeks of traditional summer camp for children include: indoor & outdoor games, swimming, arts and crafts, sports, music, science, special events, and more! Campers have the option to swim throughout the week, weather permitting. **Space is limited, each week is on a first come, first served basis.**

AGES: 5-12 (must have completed Kindergarten)

WEEKLY FEES: Members: \$135 | Non-Members: \$165

There is a one-time \$45 registration fee

TIMES: 7:00 AM - 6:00 PM

Lake Wales Family YMCA: 6:30 AM - 6:00 PM

LOCATIONS:

Lakeland Family YMCA

Fontaine Gills Family YMCA

Lake Wales Family YMCA

PRE-K DAY CAMP

The Pre-K summer camp program provides an academic blend that is curriculum based and reinforces kindergarten readiness skills. **Space is limited, each week is on a first come, first served basis.**

AGES: 4-5 (must have turned 4 by September 1, 2022)

WEEKLY FEES: Members: \$155 | Non-Members: \$185

There is a one-time \$45 registration fee

TIMES: 7:00 AM - 6:00 PM

Lake Wales Family YMCA: 6:30 AM - 6:00 PM

LOCATIONS:

Lakeland Family YMCA

Lake Wales Family YMCA

DAY CAMP CONTACTS:

Associate Child Care Director: Tammy Avery, tammy.avery@ymcawcf.org

WEEKLY THEMES:

A STAR-STUDDDED SUMMER



WEEK 1
JUNE 5-9

YOU... Centerstage!

Kick off camp with a fun week all about what makes you great! We will focus on building friendships, old and new, and empowering each camper to be themselves.

WEEK 2
JUNE 12-16

Our Camp's Got Talent

Enjoy a week of Hollywood glamour as we explore what it takes to "put on the show!" We'll build sets and design costumes, find our inner performer, and step out of our comfort zones. We will end our week with performances by each group to show off their skills!

WEEK 3
JUNE 19-23

Movie Making Mania

What makes a movie great? This week we will focus on the art of animation, stop-action, claymation, and special effects. Come explore how to engineer the thrilling effects, draw the fantastic characters, and plan the award-winning scenes.

WEEK 4
JUNE 26-30

Way Out West

Mosey on over for a week of western fun! Saddle up your pool noodle horses for our all camp rodeo and many other western themed activities. We'll end our week with a rip-roaring, line-dancing hoe down!

WEEK 5
JULY 3-7

Party in the USA

The Fourth of July makes this a true celebration! Bring your red, white, and blue attire for the field party on Friday. The whole camp will gather together to celebrate our nation's birthday!

WEEK 6
JULY 10-14

Holiday Hoopla

A Mid-Summer's Halloween, Christmas in July, Cinco de Julio and many other holidays come together in a fun-filled week of celebrations! A different holiday will be celebrated each day. Come dressed as your favorite holiday on Friday for a holiday costume parade!

WEEK 7
JUNE 17-21

Golden Globetrotters

Did you know that if we walked around the world it would be 3,938 miles? There is so much to learn about the world so grab your passports! We are going to travel around the world and play games, eat food, and learn about other cultures!

WEEK 8
JULY 24-JULY 28

Beyond the Stars

What's really out there beyond what we see? How far us outer space? Future astronauts, engineers, and physicists will calculate the distances we must travel to explore worlds beyond and create ways to get there. This week is sure to be out of this world!

WEEK 9
JULY 31-AUGUST 4

THAT'S A WRAP

Come join us as we enjoy our summer wrap party, complete with an end of summer luau. Campers will participate in island themed activities like; hula hoop and limbo contests, tiki scavenger hunts, island crafts, and so much more!

SPORT CAMPS

LAKELAND FAMILY YMCA

Our multi-sport programs are dedicated to the sports-minded, active child. Our sport camps give participants the opportunity to play a variety of sports in a fun, safe environment. Campers will receive technical instruction in each sport and will then experience the sport in a realistic game situation. Playing sports builds character and leadership skills. As with all YMCA programs, the values of respect, caring, honesty, and responsibility are stressed through all our sports programs. These camps will focus on developing skills in all sports helping campers become a more well-rounded athlete.

A healthy snack is provided daily. Campers will have the option to swim each day, weather permitting. **Space is limited, each week is on a first come, first served basis.**

ALL GIRLS SPORTS CAMP

WEEK 1 - Volleyball & Field Hockey
WEEK 2 - Soccer & Softball
WEEK 3 - Volleyball & Flag Football
WEEK 4 - Field Hockey & Soccer
WEEK 5 - Volleyball & Golf
WEEK 6 - Soccer and Basketball
WEEK 7 - Volleyball & Softball
WEEK 8 - Soccer & Flag Football
WEEK 9 - Volleyball & Golf

ALL BOYS SPORTS CAMP

WEEK 1 - Soccer
WEEK 2 - Basketball & Baseball
WEEK 3 - Soccer & Golf
WEEK 4 - Basketball & Flag Football
WEEK 5 - Soccer & Field Hockey
WEEK 6 - Basketball & Baseball
WEEK 7 - Soccer & Golf
WEEK 8 - Basketball & Flag Football
WEEK 9 - Soccer & Field Hockey

AGES: 6-11 (must have completed Kindergarten) | Age Groups: 6-8 & 9-11

WEEKLY FEES: Members: \$160 | Non-Members: \$190

There is a one-time \$45 registration fee

TIME: 7:00 AM - 6:00 PM **DROP OFF:** 7:00 AM - 9:00 AM **PICK-UP:** 4:00 PM - 6:00 PM

Pick-up and drop off will be at the back building. Person picking up must stay in vehicle and provide government issued ID (work ID's are UNACCEPTABLE).

GOLF CAMPS

YMCA PAR 3

THE FIRST TEE LAKELAND SUMMER CAMP

Our golfers will experience a safe, nurturing environment where they will explore new ways to succeed both on and off the golf course. First Tee Lakeland coaches will introduce golf fundamentals, while integrating our Nine Core Values and Life Skills: all with the primary goal of having fun on the golf course. The morning portion of camp will consist of golf activities and games to enhance golfer's skills. The afternoon portion will begin with swimming at our sister YMCA branch and end with on-course play.

AGES: 8-14

WEEKLY FEES: Members: \$170 | Non-Members: \$200
There is a one time \$45 registration fee

DATES: Weeks 1-9

TIMES: 9:00 AM - 4:00 PM

Early Drop Off: 7:30 AM

Late Pick-Up: 6:00 PM

GIRLS GOLF ACADEMY

This is the camp for girls looking to play competitive golf. The Golf Academies provide in-depth golf instruction in all areas of the game including: putting, chipping, bunker play and long game. The Academy also provides knowledge about healthy living, exercise, mental awareness and how to prepare for tournament golf. If your child is ready to take their golf game to the next level, then this is the right camp for them.

AGES: 11-16

WEEKLY FEES: Members: \$170 | Non-Members: \$200

DATES: Week 2

TIMES: 9:00 AM - 4:00 PM

Early Drop Off: 7:30 AM

Late Pick-Up: 6:00 PM

BOYS GOLF ACADEMY

This is the camp for boys looking to play competitive golf. The Golf Academies provide in-depth golf instruction in all areas of the game including: putting, chipping, bunker play and long game. The Academy also provides knowledge about healthy living, exercise, mental awareness and how to prepare for tournament golf. If your child is ready to take their golf game to the next level, then this is the right camp for them.

AGES: 11-16

WEEKLY FEES: Members: \$170 | Non-Members: \$200

DATES: Week 4

TIMES: 9:00 AM - 4:00 PM

Early Drop Off: 7:30 AM

Late Pick-Up: 6:00 PM

PEE WEE PLAYERS CAMP: HALF DAY CAMP

A camp tailored to our younger golfer where coaches will be enthusiastic and will keep the campers active and engaged. Activities will reflect this age group's attention span and appropriate skill levels. Our emphasis will be on having fun while learning how to play the game of golf.

AGES: 5-7

WEEKLY FEES: Members: \$125 | Non-Members: \$155
There is a one time \$45 registration fee

DATES: Weeks 2, 4, 6, 8

TIMES: 9:00 AM - 1:00 PM

NOTE:

Campers need to bring a refillable water bottle, sunscreen, and snacks/lunch each day, unless otherwise notified.

AQUATIC CAMPS

WET & WACKY: FULL DAY CAMP

This is a camp for children who want to learn to swim or improve their skills. Activities include basic water safety, swim instruction, stroke development, endurance, synchronized swimming, snorkeling, and wacky games. Campers will need to have a bathing suit, plus clothing and tennis shoes for outside activities. We encourage Rash guard shirts for sun protection. Please bring a towel and goggles daily. A healthy snack is provided daily. **Space is limited, each week is on a first come, first served basis.**

AGES: 6-12 (must have completed Kindergarten)

WEEKLY FEES: Members: \$160 | Non-Members: \$190

There is a one-time \$45 registration fee

DATES: Weeks 1-9

TIMES: 7:00 AM - 6:00 PM

LOCATIONS:

Lakeland Family YMCA

Fontaine Gills Family YMCA

Lake Wales Family YMCA

JELLYFISH: HALF DAY CAMP

Activities in this swimming camp include swim instruction, in and out of water safety, songs, games and the opportunity to learn and explore under water skills. On Fridays, parents will be able to attend a demonstration of skills learned throughout the week. Campers need to be potty-trained. Campers will need a towel daily. Drop-off and pick-up is in the main building front lobby.

AGES: 3-6

WEEKLY FEES: Members: \$110 | Non-Members: \$140

There is a one-time \$45 registration fee

DATES: Weeks 1-9

TIMES 9:00 AM - 12:00 PM | Show time: 11:15 AM

LOCATION:

Lakeland Family YMCA