



# HERE FOR OUR COMMUNITY

FONTAINE GILLS FAMILY  
YMCA 2021

## MEMBERSHIP CATEGORIES & PRICING

CATEGORY	JOINER FEE	MONTHLY DRAFT FEE	SIX MONTH FEE	ANNUAL FEE
Teen (13-17)	None	\$19 Par 3 add on \$18	\$114	\$228
YOUNG ADULT (ages 18-27)	\$25	\$34 Par 3 add on \$35	\$204	\$408
ADULT (ages 28-64)	\$25	\$46 Par 3 add on \$35	\$276	\$552
<b>TWO PERSON FAMILY</b> Two adults up to the age of 64 living in the same household or one adult and one dependent	\$50	\$60 Par 3 add on \$50	\$360	\$720
<b>FAMILY PLUS</b> Two adults up to the age of 64 living in the same household plus any legal dependents up to age 24	\$50	\$68 Par 3 add on \$50	\$408	\$816
SENIOR (age 65 and up)	\$25	\$41 Par 3 add on \$35	\$246	\$492
<b>TWO SENIOR FAMILY</b> Two adults over the age of 65 living in the same household	\$50	\$56 Par 3 add on \$50	\$336	\$672

### When you join the Y you belong to a place where:

- ▶ Parents find a safe environment for children to learn good values, social skills and behaviors.
- ▶ Families come together to have fun and spend quality time with each other.
- ▶ Children and teens play and learn who they are and what they can achieve.
- ▶ Adults connect with friends, pursue interests and learn how to live healthier.
- ▶ Communities thrive because neighbors support each other and give back.
- ▶ We all build relationships that further our sense of belonging and purpose.

### Branch Hours:

Monday-Thursday: 6am-9pm  
Friday: 6am-8pm  
Saturday: 7am-4pm Sunday:  
12pm -6pm

### Child Watch Hours

Morning Hours  
Monday, Tuesday & Thursday  
8am – 11am  
*\*No morning hours Wed. or Fri.*

### Evening hours

Monday-Friday: 5:30pm-8pm  
*\*Child watch is not available on Saturday or Sunday.*

# MEMBERSHIP BENEFITS AND PROGRAMMING

## INCLUDED IN YOUR MEMBERSHIP:

- 4 sessions of Coach Connect with a Wellness Coach
- Child Watch while you exercise\*
- Unlimited group exercise classes
- 2 Indoor heated swimming pools (Located at Lakeland Family YMCA )
- 2 Outdoor pools (Located at Fontaine Gills YMCA and Lake Wales Family YMCA. Open seasonally)
- Member social events, teen and youth activities
- 9-Hole Golf Course with lighted driving range\*\*

\*with a Family Membership / \*\*with YMCA Par 3 Membership or add on

## GROUP EXERCISE CLASSES:

Body Pump, Pound, Kick Boxing, Zumba, Silver Sneakers (various classes) and MORE! Schedule available at the front desk or on line at [ymcawcf.org](http://ymcawcf.org).

## SEASONAL AQUATICS:

### Pool Hours

Monday -Friday	9am-7pm
Saturday	9am-3:30pm
Sunday	1pm-5:30pm

Group and private swim lessons April - September

## SEASONAL WATER EXERCISE CLASSES:

Silver Sneakers Splash	10am-10:45am
Aqua Fit	11am-11:45am

## SUMMER CAMP & AFTER SCHOOL CARE

A place for fun and adventure

**Ages:** Must have completed Kindergarten -12 years old

See website for details, visit us on line at [ymcawcf.org](http://ymcawcf.org)

Fontaine Gills Family YMCA  
(863) 267-9622  
2125 Sleepy Hill Rd, Lakeland, FL 33810  
863-267-9622

[www.ymcawcf.org](http://www.ymcawcf.org)

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