



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BEST SUMMER EVER

2021 SUMMER CAMP PROGRAMMING

YMCA OF WEST CENTRAL FLORIDA

YMCA OF WEST CENTRAL FLORIDA
3620 Cleveland Heights Blvd.
Lakeland, FL 33803
863.267.9622
ymcawcf.org



CHOOSE YOUR OWN ADVENTURE AT THE Y!

WELCOME! The YMCA is one of the nation's largest providers of out-of-school programming, and has a long, rich history of over 100 years in providing top-notch summer camps to parents across the country. We strive to provide kids with a safe environment and a place to continue learning, develop social skills and have **FUN** for an overall amazing summer camp experience. Our Day Camps provide a safe and enriching environment for campers to participate in healthy, developmentally-appropriate activities and learning experiences. All camps focus on building self-esteem, confidence and social skills while increasing independence and wellness awareness. At the YMCA kids learn that the sky is the limit!

2021 CAMP OPTIONS:

-  **Day Camp (Multiple Locations)**
-  **Sports Camp**
-  **Day Golf Camps (YMCA Par 3 Location)**
-  **Aquatics Camp**
-  **Full and Half Day Options**

Please note: Space is limited for all camps. Payment for one week does not guarantee a child's spot in camp for the rest of the summer.

CAMP LOCATIONS:

- Lakeland Family YMCA** (South Lakeland)
3620 Cleveland Heights Blvd.
 - Day Camp, Pre-K Camp
 - Aquatics Camp
 - Sports Camp
- Fontaine Gills Family YMCA** (North Lakeland)
2125 Sleepy Hill Road
 - Day Camp
- YMCA Par 3, Home of First Tee Lakeland**
1740 George Jenkins Blvd.
 - Various Golf Camp Options
- Lake Wales Family YMCA**
1001 Burns Ave.
 - Day Camp, Pre-K Camp

WEEK 1 June 7-11	WEEK 2 June 14-18	WEEK 3 June 21-25	WEEK 4 June 28- July 2	WEEK 5 July 5-9	WEEK 6 July 12-16	WEEK 7 July 19-23	WEEK 8 July 26-30	WEEK 9 August 2-6	IT'S TIME FOR SCHOOL! Make sure you register for After School Care!
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ADVENTURE

The thrill of discovery is within reach for every child, every day at camp. Under the guidance of their counselors, children form a cohesive unit and learn the value of friendship and teamwork.



SUMMER SURFIN' DAY CAMP

Themed weeks of traditional summer camp for children include: indoor & outdoor games, swimming, arts and crafts, sports, music, science, special events, and more! A healthy snack is provided daily. Campers have the option to swim each day, weather permitting. One-piece bathing suit required. Breakfast and lunch will be provided M-Th (Lakeland locations) M-F (Lake Wales). Breakfast and lunch offered June 14-July 28. Pizza lunch on Fridays for \$5. **Space is limited. Each week is on a first come, first serve basis.**

AGES: 5-12 (must have completed Kindergarten)

WEEKLY FEES: \$105 Member / \$135 Non-Member

There is a one-time \$25 registration fee

TIMES: 7:00am - 6:00pm

Locations:

Lakeland Family YMCA (South Lakeland)
Fontaine Gills YMCA (North Lakeland)
Lake Wales Family YMCA

PRE-K DAY CAMP

The Pre-K summer camp program provides an academic blend that is curriculum based and reinforces kindergarten readiness skills. A healthy snack is provided daily. Breakfast and lunch will be provided M-Th (Lakeland locations) M-F (Lake Wales). Breakfast and lunch offered June 14-July 28. Pizza lunch on Fridays for \$5. **Space is limited. Each week is on a first come, first serve basis.**

AGES: 4-5 (must have turned 4 years old by September 1, 2020)

WEEKLY FEES: \$130 Member / \$160 Non-Member

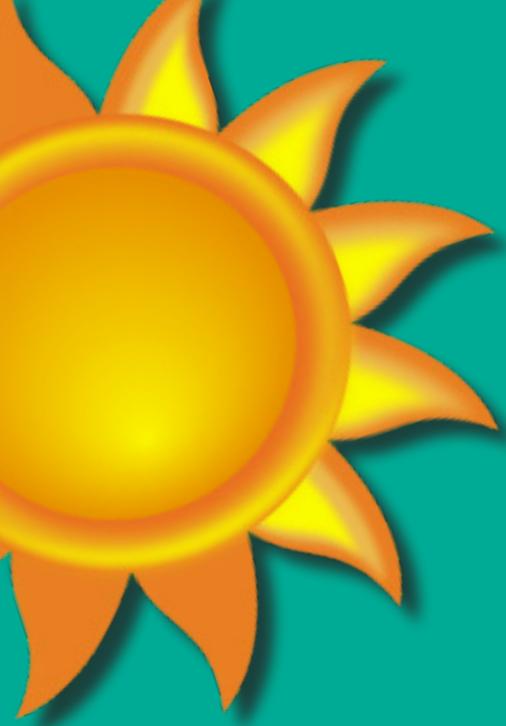
There is a one-time \$25 registration fee

TIMES: 7:00am - 6:00pm

Locations:

Lakeland Family YMCA (South Lakeland)
Lake Wales Family YMCA

DAY CAMP/PRE-K CAMP CONTACT: Renee Camper, renee.camper@ymcawcf.org



DAY CAMP WEEKLY THEMES

YMCA LOCATIONS

Lakeland Family YMCA (South Lakeland)
Lake Wales Family YMCA
Fontaine Gills Family YMCA (North Lakeland)

Get ready for a fun adventure as we surf the TV channels all summer! We will be trying our hands at investigations, art, music, nature, sports, and role playing games before wrapping it all up in one of the best week-long awards shows that imagination can draw up!

Week 1: June 7-11

Theme: Investigations

Students will try their hands at solving puzzles through handwriting and fingerprint analysis, and use critical thinking skills by sifting through notes to find out just what is missing.

Week 2: June 14-18

Theme: Arts

"There are no mistakes, only happy little accidents." Children will get to show their inner artists through various types of art ranging from painting, to writing, acting, and more.

Week 3: June 21-25

Theme: Music

Who doesn't like making music? Break out the noisemakers, the guitars, and the sparkly suits--Elvis is definitely in the building for this one. Children will be making their own instruments and writing their own songs.

Week 4: June 28-July 2

Theme: Weather

What goes into making a hurricane or a tornado? What is an earthquake? What is the difference between sleet and snow? How is hail possible and what makes freezing rain so cold? These questions and more will be answered this week!

Week 5: July 5-9

Theme: Shark Week

This week students will learn about marine animals, namely sharks, and how each animal is uniquely equipped to handle each environment. Get ready to dive down deep as you never know what may be asked of you!

Week 6: July 12-16

Theme: Survivor Week

Learn about different ecosystems on the planet and how to survive in them. Children will get to try various fruits and vegetables from around the planet as well as design a shelter that can withstand the elements.

Week 7: July 19-23

Theme: Video Game

Put the TV on channel 3 and let the games roll. Children will be able to design their own video game character, and using skills that they learn, they will role play to accomplish a task as a group.

Week 8: July 26-30

Theme: Sports

Let's get moving! Each day, students will learn the fundamentals of various sports. Sports include: basketball, soccer, volleyball as well as track and field events.

Week 9: August 2-6

Theme: Award Show

As the summer wraps up, what better way to finish than with an awards show? We will be highlighting the best aspects of the summer and acknowledging the groups and children who gave it their all!

TEAMWORK



Experiencing a wide range of new activities, kids learn what interests them.

Our staff offers each camper guidance, patience and encouragement.

At the Y, we emphasize good sportsmanship and self-confidence.

SPORTS CAMPS | SOUTH LAKELAND FACILITY

This multi-sport program is dedicated to the truly sports-minded, active child. This camp gives participants the opportunity to play a variety of sports in a fun, safe environment. Campers will receive technical instruction in each sport and will then experience the sport in a realistic game situation. Playing sports builds character and leadership skills. As with all YMCA programs the values of caring, honesty, respect and responsibility are stressed through all our sports' programs. This camp will focus on developing skills in all sports, helping campers become a more well-rounded athlete. Sports include: basketball, soccer, football, ultimate frisbee, baseball and more!

A healthy snack is provided daily. Campers have the option to swim each day, weather permitting. **Space is limited. Each week is on a first come, first serve basis.**

AGES: 6-11, must have completed Kindergarten
(Age Groups: 6-8 / 9-11)

WEEKS: 1-9

WEEKLY FEES: \$125 Member / \$160 Non-Member
There is a one-time \$25 registration fee

TIMES: 7:00am - 6:00pm

DROP-OFF & PICK-UP:

7am-9am at the back building, 4pm-6pm at back building. Person picking up must stay in vehicle and provide government issued ID (work ID's are UNACCEPTABLE)

Breakfast and lunch is offered June 14-July 28. Pizza lunch on Fridays for \$5.

CONTACT: Zack Ford, 863.267.9622, zack.ford@ymcawcf.org

WEEKLY THEMES:

Week 1 – Soccer

Week 2 – Basketball/Baseball

Week 3 – Soccer/Football

Week 4 – Basketball/ Ultimate Frisbee

Week 5 – Soccer

Week 6 – Basketball/Football

Week 7 – Soccer/Baseball

Week 8 – Basketball/ Ultimate Frisbee

Week 9 – Soccer



GOLF CAMPS

AT THE YMCA PAR 3
HOME OF FIRST TEE LAKELAND

The First Tee Lakeland Summer Camp

Our golfers will experience a safe, nurturing environment where they will explore new ways to succeed both on and off the golf course. First Tee Lakeland coaches will introduce golf fundamentals, while integrating our Nine Core Values and Life Skills: all with the primary goal of having fun on the golf course. The morning portion of camp will consist of golf activities and games to enhance golfer's skills. The afternoon portion will begin with swimming at our sister YMCA branch and end with on-course play.

AGES: 8-16

WEEKLY FEES: \$160 Members / \$190 NM

WEEKS: 3, 6, 8, 9 / Monday-Friday / 8am-5pm

LPGA-USGA Girls Golf of Lakeland Camp: Half Day

With the help of strong female coaches, mentors and role models, participants are safe to learn in a girl-friendly environment that promotes confidence in self-expression. Lessons include: "Meeting and Greeting," "Respecting the Rules," "Having Fun While You Learn," "Staying Cool", "Finding Your Personal Par", and be partnered with our Five E's - Empower, Enrich, Engage, Energize, and Exercise. Camp will include fun golf games and activities, golf related crafts, and on-course play.

WEEKLY FEES: \$130 Members / \$160 NM

WEEK: 2, 4, 7 / Monday-Friday / 9am-1pm

The First Tee of Lakeland Golf Academy

INVITE ONLY

This is the camp for youth looking to play competitive golf. The First Tee Academies provide in-depth golf instruction in all areas of the game including: putting, chipping, bunker play and long game. The Academy also provides knowledge about healthy living, exercise, mental awareness and how to prepare for tournament golf. If your child is ready to take their golf game to the next level, then this is the right camp for them. Contact: John Copeland, john.copeland@ymcawcf.org

AGES: 8-16 **WEEKLY FEES:** \$180 Members / \$210 NM

WEEK: 5 / **DAYS & TIME:** Monday-Friday / 9am-4pm

Pee Wee Players Camp: Half Day Camp

A camp tailored to our younger golfer where coaches will be enthusiastic and will keep the campers active and engaged. Activities will reflect this age group's attention span and appropriate skill levels. Our emphasis will be on having FUN while learning how to play the game of golf.

AGES: 5-7 **WEEKLY FEES:** \$120 Members / \$150 NM

WEEKS: 1, 2, 4, 7 / Monday-Friday / 9am-1pm

Campers need to bring a refillable water bottle, sunscreen, and snacks/lunch each day, unless otherwise notified. Pizza lunch on Fridays for \$5. There is a one-time \$25 registration fee.

CONTACT: AnnaLeis Caldwell, annaleis.dibert@ymcawcf.org

CONFIDENCE



AQUATICS CAMPS

**SOUTH
LAKELAND
FACILITY**

Camp builds positive memories! Summer is a time of discovery and self-improvement that stays with a child long into adulthood!

For years, great FRIENDSHIPS have been built and strengthened through time at summer camp.

WET AND WACKY CAMP FULL-DAY CAMP

This is a camp for children who want to learn to swim or improve their skills. Activities include basic swim instruction, stroke development, endurance, water safety, synchronized swimming, snorkeling, and wacky outside games. Campers will need to have a one piece bathing suit for girls and swimsuits for boys, plus clothing and tennis shoes for outside activities. Please bring a towel, snorkel, fins, and goggles daily. A healthy snack is provided daily. Campers have the option to swim each day, weather permitting. **Space is limited. Each week is on a first come, first serve basis.**

AGES: 6-12 (must have completed kindergarten)

WEEKS: 1-9

WEEKLY FEES: \$125 Member / \$160 Non-Member

TIMES: 7:00am - 6:00pm

JELLYFISH HALF-DAY CAMP, 9am-12pm

Activities in this swimming camp include swim instruction, in and out of water safety, songs, games and the opportunity to learn and explore under water skills. On Fridays, parents will be able to attend a demonstration of skills learned throughout the week. Campers need to be potty-trained. Campers will need a towel daily. **Drop-off and pick-up is in the main building front lobby.**

AGES: 3-6

WEEKS: 2-9

WEEKLY FEES: \$85 Member / \$115 Non-Member

Breakfast and lunch is offered June 14-July 28. Pizza lunch on Fridays for \$5.

CONTACT: Sandra Austin, 863.267.9622, sandra.austin@ymcawcf.org



OUR YMCA MISSION AND VALUES

The mission of the YMCA is to put Christian principles into practice through programs that build healthy spirit, mind, and body for all.

ALL CAMPS FOCUS ON THE Y'S CORE VALUES

CARING	HONESTY	RESPECT	RESPONSIBILITY
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Association Contact:

YMCA of West Central Florida, Inc.
P. O. Box 24327, Lakeland FL 33802
863-267-YMCA (9622)

YMCA of West Central Florida Branches:

- **Lakeland Family YMCA**
- 3620 Cleveland Heights Blvd
- Lakeland, FL 33803
- 863-267-9622

- **Fontaine Gills Family YMCA**
- 2125 Sleepy Hill Road
- Lakeland, FL 33810
- 863-267-9622

- **YMCA Par 3**
- 1740 George Jenkins Blvd.
- Lakeland, FL 33815
- 863-267-9622

- **Lake Wales Family YMCA**
- 1001 Burns Ave.
- Lake Wales, FL 33853
- 863-676-9441

Financial Assistance: No qualified person is denied YMCA services due to inability to pay established fees. Those not able to pay the full fee may receive financial assistance based on the ability to pay and the YMCA's ability to fund subsidy. Assistance is available because of the generosity of YMCA donors. For a financial assistance request packet please visit us at www.ymcawcf.org or at one of our YMCA locations.