



WINTER YOUTH BASKETBALL

Whether it's gaining the confidence that comes with learning a new skill or building positive relationships that lead to good character and teamwork, participating in sports at the Y is about building the whole child, from the inside out.

This program is a youth recreational league that allows participants of all levels a chance to play. At the Y, every child plays at least half of every game. This program will emphasize basketball skill development, as well as, good sportsmanship, character development, teamwork, and most importantly: FUN!

PLEASE NOTE: Winter sports will be modified for safety due to COVID-19. See reverse side of this flyer for guidelines.

REGISTRATION: November 16–December 14 / **SEASON DATES:** Fridays or Saturdays, January 4–February 20

AGE DIVISIONS:

Age determination is based on the age of participant on or before September 1

3-4 Coed 5-6 Coed

7-8 Coed 9-10 Coed

11-12 Coed 13-15 Boys

North Lakeland only: age 13-15 is coed



REGISTRATION FEE: Members \$70 / Non-Member \$125

CLINIC DETAILS:

Practices are scheduled Monday–Thursdays between 5:30pm–8:00pm beginning with 7-8 coed teams. 3-4 & 5-6 age divisions will do a practice/play. They have a 20-minute practice then a game directly after the practice on Saturdays. Games for 13-15 Boys will be on Friday nights. All other age groups will play games on Saturdays.

EQUIPMENT NEEDED:

Athletic shorts and non-scuff shoes. All players will receive a YMCA Youth Sports team shirt.

LOCATIONS:

LAKELAND FAMILY YMCA
3620 Cleveland Heights Blvd., Lakeland FL 33803
P 863-267-9622

FONTAINE GILLS FAMILY YMCA
2125 Sleepy Hill Rd
P 863-267-9622

YMCA of West Central Florida
www.ymcawcf.org

YMCA OF WEST CENTRAL YOUTH SPORTS HEALTH AND SAFETY GUIDELINES

The safety of our children, families and staff is always our number one priority. This document is subject to change based on the latest public health data as well as guidance from the Center for Disease Control and the Health Department.

Staff, parents and participants should not attend if they answer YES to any of the following questions:

- Have you or anyone in your household had a recent fever of 100.4+.
- Have you experienced any cold or flu-like symptoms within the last 72 hours (to include loss of taste/smell, cough, sore throat, respiratory illness, difficulty breathing)?
- Have you or anyone in your household had close contact (been within 6 feet > 15 min) with someone who has tested positive for COVID-19 or had symptoms of COVID-19 in the last 14 days?
- Have you or anyone in your household had close contact or live with anyone who has been told to self-quarantine in the last 14 days?

YMCA YOUTH SPORTS COVID-19 SAFETY INFORMATION:

- Participants must wear face mask going into and out of the YMCA facility.
- Teams will be limited in size and youth will remain with their same team for the duration of the program season.
- Game times will be scheduled to avoid overlap and allow safe crowd transitions and cleaning.
- Participants will be asked to bring their own water bottle. No sharing of water bottles. Each bottle should be clearly marked with the participant's name.
- Equipment used during activities will be disinfected with an EPA-certified product between games.
- Unnecessary physical contact such as high fives, handshakes, fist bumps or hugs will be discouraged.
- Pre-game and post-game huddles will be conducted outdoors only and with proper distancing.
- Hand sanitizer will be available on-site.

PARENTS/GUARDIANS/SPECTATORS:

- All spectators and participants must do a self-assessment wellness check prior to arriving at the YMCA facility.
- Spectators are required to wear a face covering and practice safe physical distancing of others not in their immediate family circle. Congregating is strongly discouraged in the parking lot or field.
- Spectators must bring their own chairs, sunscreen, water, etc.
- If a child is exposed to or tests positive for COVID-19, we ask that you contact the YMCA immediately and that the child quarantine per the local health department guidelines. Parent and participants will be able to return once they are cleared per the local health department guidelines.

Communicable Disease / COVID-19 Warning & Disclaimer

Coronavirus, COVID-19 is an extremely contagious virus that spreads easily through person-to-person contact. Federal and state authorities recommend social distancing as a means to prevent the spread of the virus. COVID-19 can lead to severe illness, personal injury, permanent disability, and death. Participating in programs or accessing facilities could increase the risk of contracting COVID-19. YMCA of West Central Florida in no way warrants that COVID-19 infection will not occur through participation in programs or use of YMCA facilities.