



HERE FOR OUR COMMUNITY

FONTAINE GILLS FAMILY YMCA
AUGUST-SEPTEMBER 2020

MEMBERSHIP CATEGORIES & PRICING

CATEGORY	JOINER FEE	MONTHLY DRAFT FEE	SIX MONTH FEE	ANNUAL FEE
Teen (13-17)	None	\$19 <small>Par 3 add on \$17</small>	\$114	\$228
YOUNG ADULT (ages 18-27)	\$25	\$34 <small>Par 3 add on \$17</small>	\$204	\$408
ADULT (ages 28-64)	\$25	\$46 <small>Par 3 add on \$17</small>	\$276	\$552
TWO PERSON FAMILY <small>Two adults up to the age of 64 living in the same household or one adult and one dependent</small>	\$50	\$60 <small>Par 3 add on \$25</small>	\$360	\$720
FAMILY PLUS <small>Two adults up to the age of 64 living in the same household plus any legal dependents up to age 24</small>	\$50	\$68 <small>Par 3 add on \$25</small>	\$408	\$816
SENIOR (age 65 and up)	\$25	\$41 <small>Par 3 add on \$17</small>	\$246	\$492
TWO SENIOR FAMILY <small>Two adults over the age of 65 living in the same household</small>	\$50	\$56 <small>Par 3 add on \$25</small>	\$336	\$672

When you join the Y you belong to a place where:

- ▶ Parents find a safe environment for children to learn good values, social skills and behaviors.
- ▶ Families come together to have fun and spend quality time with each other.
- ▶ Children and teens play and learn who they are and what they can achieve.
- ▶ Adults connect with friends, pursue interests and learn how to live healthier.
- ▶ Communities thrive because neighbors support each other and give back.
- ▶ We all build relationships that further our sense of belonging and purpose.

Branch Hours:

Monday-Friday: 6am-8pm
Saturday: 7am-3pm

Child Watch Hours:

M-F: 5:30-8pm
Sat: 8-12pm

2125 Sleepy Hill Rd.
863-267-9622
www.ymcawcf.org

MEMBERSHIP BENEFITS AND PROGRAMMING

INCLUDED IN YOUR MEMBERSHIP:

4 sessions of Coach Connect with a Wellness Coach

Child Watch while you exercise*

Unlimited group exercise classes

2 Indoor heated swimming pools (Located at Lakeland Family YMCA)

2 Outdoor pools (Located at Fontaine Gills YMCA and Lake Wales Family YMCA. Open seasonally)

Member social events, teen and youth activities

9-Hole Golf Course with lighted driving range**

*with a Family Membership / **with YMCA Par 3 Membership or add on

GROUP EXERCISE CLASSES:

Abs Attack, Body Pump, Boot Camp, Silver Sneakers (Various classes), Barre Body, Line Dancing, Yoga, Zumba, Pound and MORE! Schedule available at the front desk.

SWIM LESSONS: August 22–September 26

Cost: \$65 members/\$95 non-members

Ages 3-5 (beginner) 8-8:45am / (advanced) 9-9:45am

Ages: 5-12 (beginner) 10:15-11am / (advanced) 11:15-12 pm

WATER EXERCISE CLASSES

Splash Silver Sneakers: Monday & Friday 9:30-10:30am

Tabata Water: Wednesdays 9:30-10:30am / Saturday 10:30-11:30am

CHILDCARE

Success Afterschool

Ages: 5-11 (Kindergarten – 5th grade)

Day/Time: Monday-Friday 3:00pm-6:30pm

\$65 weekly fee

Holiday Camp / Teacher Work Days

Time: 7:00am – 6:30pm

Cost: \$20 per day

YOUTH SPORTS: FLAG FOOTBALL CLINIC

Ages: 3-16

Registration: August 3-September 17

Clinic Season: Fridays/Saturdays, September 25-November 14

Cost: Member \$45 / Non-Member \$85

See flyer for more details!

CONTACT:

Branch Staff:

Jenny Osburn, Executive Branch Director jenny.osburn@ymcawcf.org

Tracy Walker, Sport's Coordinator tracy.walker@ymcawcf.org

Tammy Avery, Assistant Child Care Director, tammy.avery@ymcawcf.org

Cindy Beyer, Wellness Coordinator cindy.beyer@ymcawcf.org

2125 Sleepy Hill Rd, Lakeland, FL 33810

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ADDITIONAL INFORMATION:

YMCA MEMBER POOL HOURS:

(M-F) 7am-12pm, 4pm-7pm

(Sat.) 8am-3pm

FAMILY SWIM TIME:

Every Sat. 8-3 pm

Families will be assigned a lane. Please bring your own folding chairs. Masks are required on decks. Outdoor showers provided, locker rooms closed.

For the safety and well-being of our members and guests, the YMCA using a 3-phased plan when re-opening our facilities. We are currently in Phase 2 of our re-opening. All guidelines can be found on our website.

FACE COVERINGS ARE REQUIRED WHILE IN OUR FACILITY. They may be removed during workout only.