



YMCA FALL YOUTH FLAG FOOTBALL CLINIC

Whether it's gaining the confidence that comes with learning a new skill or building positive relationships that lead to good character and teamwork, participating in sports at the Y is about building the whole child, from the inside out.

Players, ages 6-12, are taught basic game skills. The program is geared toward players who want to learn how to play the sport, brush up on the rules, tactics and skills, and improve their game. This program will emphasize good sportsmanship, character development, teamwork, and most importantly: FUN!

PLEASE NOTE: Scrimmage games will be held each clinic session.

Fall sports will be modified for safety due to COVID-19. See reverse side of this flyer for guidelines.

REGISTRATION: August 1-September 17 / **SEASON DATES:** Fridays OR Saturdays, Sept. 25-November 15

AGE DIVISIONS:

Age determination is based on the age of participant on or before September 1

Divisions: 3-5, 6-8, 9-11, or 12-14

REGISTRATION FEE: Members \$45 / Non-Member \$85

CLINIC DETAILS:

3-5 Group A meets at 8am / Group B meets at 9:15am

6-8 Group A meets at 10:30am / Group B meets at 11:45am

9-11 Group A meets at 1pm / Group B meets at 2:15pm

12-14 Group A meets at 5pm Friday / Group B meets at 6:15pm Friday

All clinics will meet on the field.

EQUIPMENT NEEDED:

Athletic shorts and cleats

ADDITIONAL INFORMATION:

All players will receive a YMCA Youth Sports shirt on the first day of their clinic. Parent will receive a phone call with specific clinic meeting times by September 20.

Fontaine Gills Family YMCA

8863-267-9622 / www.ymcawcf.org

YMCA OF WEST CENTRAL YOUTH SOCCER HEALTH AND SAFETY GUIDELINES

The safety of our children, families and staff is always our number one priority. This document is subject to change based on the latest public health data as well as guidance from the Center for Disease Control and the Health Department.

Staff, parents and participants should not attend if they answer YES to any of the following questions:

- Have you or anyone in your household had a fever of 100.4+ or taken fever-reducing medicine in the last 72 hours?
- Have you experienced any cold or flu-like symptoms within the last 72 hours (to include loss of taste/smell, cough, sore throat, respiratory illness, difficulty breathing)?
- Have you or anyone in your household had close contact with or cared for anyone confirmed COVID-19 in the last 14 days?
- Have you or anyone in your household had close contact or live with anyone who has been told to self-quarantine in the last 14 days?

YMCA YOUTH SPORTS COVID-19 SAFETY INFORMATION:

- Group Size and Consistency: Enrollment will be limited to 12 per session. Children will remain with their same group (pod) for the duration of the program season.
- Clinic times will be scheduled to avoid overlap.
- Participants will be asked to bring their own water bottle. No sharing of water bottles. Each bottle should be clearly marked with the participant's name.
- Equipment used during activities will be disinfected with an EPA-certified product between each use.
- Unnecessary physical contact such as high fives, handshakes, fist bumps or hugs will be discouraged.
- Hand sanitizer will be available on-site.
- Participants must wear mask going into and out of the YMCA facility.

PARENTS/GUARDIANS/SPECTATORS:

- Limit 2 spectators per participant. Spectators should practice physical distancing and wear a face mask.
- All spectators and participants must do a self-assessment wellness and temperature check prior to arriving at the YMCA facility.
- Spectators must bring their own chairs, sunscreen, water, etc.
- Spectators will be required to sign a spectator's waiver when entering the facility/property.
- No congregating will be allowed in the parking lot or field.
- If a child is exposed to or tests positive for COVID-19, we ask that you contact the YMCA immediately and that the child quarantine per the local health department guidelines. Parents and participants will be able to return once they are cleared per the local health department guidelines.
- Parent seating areas will be marked off.

Communicable Disease / COVID-19 Warning & Disclaimer

Coronavirus, COVID-19 is an extremely contagious virus that spreads easily through person-to-person contact. Federal and state authorities recommend social distancing as a means to prevent the spread of the virus. COVID-19 can lead to severe illness, personal injury, permanent disability, and death. **Participating in programs or accessing facilities could increase the risk of contracting COVID-19. YMCA of West Central Florida in no way warrants that COVID-19 infection will not occur through participation in programs or use of YMCA facilities.**